



## Welcome BCH Parents

Our goal is to provide a safe and supportive environment for your child to develop skill in swimming and have the experience of competition. Therefore, please read, sign and return the Safesport , MAAPP and Concussion Awareness documents along with the registration form.

**Website:** You will receive a login email when your registration is processed. Go to [bchswim.com](http://bchswim.com) and login.

Your email address from the enrollment form will be your login ID. You will be able to track the invoices and payments for your account, review sanctioned meet results for the swimmer, find event and meet information and volunteer to help at BCH meets. **There are also excellent articles on nutrition under the Documents heading and swim meet job descriptions under Parent Education on the Home page.**

**Payments:** Monthly fees are due on the 1st of each month. An email will be sent with the information for setting up online automatic payments on the website. **Automatic and ON Demand payment by credit card or a bank ACH payment setup is required unless a special arrangement is made with the team administration. No payments will be accepted by the coaches on deck at the pools.**

**We do not pro-rate the monthly swim dues.** If you start in the middle of the month, you will pay for the entire month. If payment is not received on time, the swimmer may not be allowed in the water until payment is made. A fee will be charged for any returned checks.

If you skip a month, you run the risk of losing your spot on the team, so please pay for the month or months you need to miss. This will secure your spot and prevent it going to the next person on the waiting list.

**Contact [mspbch@aol.com](mailto:mspbch@aol.com) and [barbarap@bchswim.com](mailto:barbarap@bchswim.com) for changes to your membership status. (Taking a break or stopping.) You must notify them by the 25<sup>th</sup> of the month to avoid the next month's dues. (See contact list below.)**

**Meet Fees:** Meet fees are due by the date of the meet. If you have a credit card on file, you must mark the On Demand circle next to the credit card information so the meet fees can be charged to the card when the fees are posted.

**Meet fees are non-refundable and cannot be cancelled after the meet list is filed.**

**Equipment:** All swimmers will need a pair of training fins, goggles, kick board, and swim cap. Additional practice equipment may be required by the individual group coach.

BCH parkas, BCH swim suits and BCH swim caps may be purchased at Swim2000 which is located at 4137 S Maryland Pkwy, LV, NV 89119. Let them know you are with BCH because they do not give BCH apparel out to the general public. We are sponsored by Speedo, so each swimmer is required to wear a Speedo suit, team shirt and BCH swim cap at sanctioned swim meets.

**Apparel:** Some other team apparel will be made available from time to time through the BCH website.

**Swim Meets:** Encourage your child to enter swim meets. This is where (s)he will see the results of practice, learn to compete not just other swimmers but with himself or herself in setting time goals and working to meet them, and for the opportunity to socialize with other swimmers.

### Contacts:

Questions: Re practice times and locations and meet entry information: contact: Coach Mike: [mspbch@aol.com](mailto:mspbch@aol.com)

**Re team policy and unresolved issues:** Head Coach Mike Polk email: [mspbch@aol.com](mailto:mspbch@aol.com)

**Re invoices, payments, account login, account status:** Barbara Polk email: [barbarap@bchswim.com](mailto:barbarap@bchswim.com)

### Coaches:

**Boulder City** Coach Katie [katiet@bchswim.com](mailto:katiet@bchswim.com)

**Heritage Park** Coach Ryan [ryans@bchswim.com](mailto:ryans@bchswim.com)

**Multi-Gen** Coach Mike [mspbch@aol.com](mailto:mspbch@aol.com) Coach Brian [bwakster@gmail.com](mailto:bwakster@gmail.com)

Coach Rachel [rachelm@bchswim.com](mailto:rachelm@bchswim.com)

Coach Justin [justinsthornley@gmail.com](mailto:justinsthornley@gmail.com) Coach Nick [nantolickk@icloud.com](mailto:nantolickk@icloud.com)

## Parent Support For BCH

**Your support is vital to the strength of the team. Here's how you can help.**

### **Volunteering:**

You are **required** to sign up (or provide a substitute) for every swim meet your child enters.

Please check online at the website for notice of these sessions and to sign up for a job.

*There is a Timers Training document under Documents on the website home page and on the BCH Facebook page.*

*Also there is a swim meet job description document under Parent Education on the BCH website home page.*

**Join a committee to help with team events.**

**Participate actively in team events including fundraising and other events organized by team leadership.**

**Get to know the parents of the children who swim with your child.**

**Social Media: Facebook BCH Heatwave Informational Page**  
**Also Instagram and BCH Swim team website**

### **Kroger/ Smith's Inspire program:**

BCH has a donation account with Smith's Food and Drug company. When our members register their Smith Rewards cards (not credit cards!) with Smith online, we get a 0.5% donation for the amount of the purchases.

Our account is: Boulder City - Henderson Swim Team ID: IL407

Go online to: <https://www.smithsfoodanddrug.com/i/community/smiths-inspiring-donations>

### **4<sup>th</sup> of July Party String Booth (at park in Boulder City)**

The team raises funds by selling Party String at the Boulder City 4<sup>th</sup> of July celebration every year. Volunteers are needed to help sell the cans of party string. Usually the shifts are 1 hour long.

In addition, some years we have had a float in the parade. This is a project of BCH parents. The swimmers and parents can ride on the float, but the children are not allowed to walk the parade route.

**Apparel:** From time to time, BCH makes t-shirts, sweatshirts, hats and caps available for purchase. Swimmers entered in sanctioned meets are expected to wear a BCH swim cap, t-shirt and swimsuit. Shirts and hats will also be available for family members.

### **Other Fundraising Events:**

The team will hold various fundraising projects as the opportunity arises. All members are expected to participate to the level of their ability with the support of their parents.